



JUNIOR TENNIS

Fall

2018

Give your child a future of fun, fitness and social activity



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SOLARIS SPORTS CLUB JUNIOR TENNIS PROGRAM

Tennis is a great way exercise, meet new friends, enjoy competition and just have fun!

Our primary concern is giving each young player the best possible chance to reach their potential at what ever level that might be— high school, regional, sectional or even national. We know developing potential takes a long time— this is why we use the Long Term Player Development Program. The years between 5 and 16 are critical. They set the base for the adult player.

At Solaris ,we identify what is important for young players to learn at different ages and stages of their tennis development. We identify the skills to be learned at the prime learning times—the windows of opportunity. We know teaching during these windows accelerates learning. We also know that when the windows are missed, it is then more difficult for players to extend their skill base as they mature.

In addition, we will identify:

- Other sports which contribute to the skill base
- The most suitable type of competition for each age
- How many tournament matches should be played each year

- How each year should be structured between training and competition

The training programs in this leaflet are based on a sound understanding of the principles of childhood and tennis development. When we use this program, every young player stands a chance of reaching his or her potential.

In addition to professional instruction, parental support is essential for the development of young players. I am looking forward to working with you and your child.

Geoffrey A. Jagdfeld, Tennis Director

Club Policies:

1. **Two payment options: pay in full or set up 2 auto-payments at the time of registration.**
2. **Make-ups will only be allowed in the current session and only in compatible classes. There will be no credit forwarded to the next session.**
3. **24 hour cancellation notice is required on private lessons. Cancellations made less than 24 hours of the reservation will be responsible for payment.**



201 Veterans Road
Yorktown Hats., NY 10598

Fall 2018
Wednesday Sept. 5 - Friday, Dec. 21
15 Weeks

Programs will not meet:
Oct. 31 & Nov. 22-24

Elementary Program

10 & Under Tennis : Introduce your future star to the wonderful world of tennis. Kids will learn hand-eye coordination, timing, ball striking skills and footwork....using the USTA 10 & under program. Progressive and exciting games and drills will stimulate and challenge your child—all while having FUN!

RED BALL (Grade K-1)

Tuesday 4:00—5:00 PM
 Wednesday 4:30—5:30 PM
 Thursday 4:00—5:00 PM
 Saturday 9:00—10:00 AM
 Sunday 12:00—1:00 PM

ORANGE BALL (Grade 2-3)

Monday 4:00—5:00 PM
 Tuesday 5:00—6:00 PM
 Wednesday 4:30—5:30 PM
 Thursday 5:00—6:00 PM
 Friday 4:00—5:00 PM
 Saturday 10:00—11:00 AM
 Sunday 1:00—2:00 PM

GREEN BALL (Grade 4-5)

Monday 4:00—5:00 PM
 Tuesday 6:00—7:00PM
 Wednesday 4:30—5:30 PM
 Thursday 6:00—7:00 PM
 Friday 4:00—5:00 PM
 Saturday 11:00—12:00 PM
 Sunday 2:00—3:00 PM

Members: \$300
Non-members: \$435

Middle School Program

Jr. DEVELOPMENT: (Grade 6-8)

Beginner and Advanced Beginner level: This class is designed for middle school kids interested in learning the basics of tennis. They will develop stroke production, rally skills and footwork in a fun group lesson.

Monday 4:00—5:00 PM
 Tuesday 6:00—7:00 PM
 Friday 4:00—5:00 PM
 Saturday 12:00—1:00 PM
 Sunday 3:00—4:00 PM

Members: \$300
Non-members: \$435

Jr. COMPETITIVE: (Grade 6-8)

Intermediate level: This class is designed for middle school players who have developed sound technique and are able to rally and serve consistently. Players will learn improved shot consistency, placement and strategy for singles and doubles.

Monday 5:00—6:30 PM
 Wednesday 5:30—7:00 PM
 Thursday 4:00—5:30 PM
 Friday 5:00—6:30 PM
 Saturday 10:30—12:00 PM

Members: \$450
Non-members: \$653

JUNIOR MATCH PLAY & PIZZA

Pro supervised match play is designed to give junior players an opportunity to play matches and develop the skills needed for competition. Players must be able to serve and keep score. See our match play flyer for age groups & dates.

Friday 6:30-8:30 PM

Weekly Sign-Up \$25

JUNIOR PRIVATE LESSONS

Private instruction for all ages & abilities: Private instruction is great way to speed up the learning process. We recommend that you add some private lessons to your weekly group lessons and leagues. Ask for a flyer for pricing & package information.

High School Program

HS DEVELOPMENT (Grade 9-12)

Beginner and Advanced Beginner level: This class is designed for high school players new to the game. The class covers the basics of stroke production, rally skills, rules and scoring to get them playing tennis fast.

Tuesday 5:00—6:00 PM
 Wednesday 3:30—4:30 PM
 Thursday 6:00—7:00 PM
 Saturday 1:00—2:00 PM

Members: \$300
Non-members: \$435

HS COMPETITIVE (Grade 9-12)

Intermediate level: This class is designed for Varsity or JV high school team players looking to improve their level of performance for the next season. Players will learn tactical shot selection and be introduced to power, spin and finesse.

Monday 5:00—6:30 PM
 Thursday 5:30—7:00 PM
 Friday 5:00—6:30 PM
 Sunday 2:00—3:30 PM

Members: \$450
Non-members: \$653

Jr. EXCELLENCE (Director Approval Only)

Advanced level: This class is designed for players looking for a high level drills along with technical, tactical and strategic instruction. Players will be required to participate in Jr. Team Tennis and USTA tournament play.

Monday 6:30-8:00 PM
 Wednesday 5:30-7:00 PM

Members: \$450
Non-members: \$653

Solaris Jr. Tennis Registration

Class Name	Day & Time	Price
<input type="checkbox"/>		
<input type="checkbox"/>		
<input type="checkbox"/>		
<input type="checkbox"/>		
<input type="checkbox"/>		

Subtotal: _____

Total: _____

Name & Grade: _____

Parent/Guardian: _____

Address: _____

Phone: _____

e-mail: _____

Emergency Contact: _____

Method of Payment

- Check
- Cash
- Credit Card
- Solaris Member Account

Credit Card # _____ Exp. date _____

Signature _____

Parent/Guardian Consent

I hereby give consent for my child to participate in Solaris Sports Club. I know of no known physical problems or conditions which will impair my child from participating in the program. I authorize Solaris Sports Club to administer first aid/CPR and/or the services of any legally trained physician or hospital. I agree to assume all financial obligations pertaining to such treatment.

Parent/Guardian/Players 18 yrs. or older

Print Name: _____

Signature: _____ **Date:** _____