

# ADULT LESSON & LEAGUES

## SUMMER 2018



**DATES:** Monday, June 25, 2018 – Monday, August 19, 2018 (no classes/leagues July 4)  
*(Note Cardio Tennis, Stroke of the Week, Try Tennis & Open Drills are always on unless noted on the bulletin board sign-up sheets)*

Our adult group lesson program is designed to improve your game, through technical training, intense drills, stroke production, strategy and match play situations. We are committed to get you to the next level.

For more information contact: Geoff Jagdfeld, Director of Tennis Director (914) 962-4094 [geoff@solarisclubs.com](mailto:geoff@solarisclubs.com)

<b>2.0 LEVEL</b>	<u>Beginners &amp; Adv. Beginners</u> – never played or starting over, this class is for you
<b>2.5 LEVEL</b>	<u>Low Intermediate</u> - Learn footwork, strategy and shot selection to get to the next level
<b>3.0 LEVEL</b>	<u>Intermediate</u> - Develop consistency, depth & placement to get your game to the next level
<b>3.5 LEVEL</b>	<u>Adv. Intermediate</u> - drills and strategy to be more aggressive and successful in pressure situations
<b>DRILLS &amp; DOUBLES</b>	<u>Advanced</u> - Learn the doubles movements and tactics to get to the next level
<b>CARDIO TENNIS</b>	Heart pumping drills and games will have you moving and hitting
<b>OPEN DRILLS</b>	<u>All levels</u> – Drills to get you moving along with instruction and point play
<b>STROKE OF THE WEEK</b>	<u>All Levels</u> - Instructional tennis clinic to refine your technique. See bulletin board for weekly topics.
<b>TRY TENNIS</b>	<u>Beginners</u> - New to tennis or starting over, this clinic is for you. Learn the basics or refresh your skills.
<b>DOUBLES LEAGUE</b>	Women's doubles league, you must have pro approval for registration

	<b>Day</b>	<b>Time</b>	<b>Level</b>	<b>Pro</b>	<b>Member</b>	<b>Non-member</b>
	<b>Mon.</b>	8:30-9:30 AM	Cardio Tennis	Geoff Jagdfeld	FREE	\$25 per week
	<b>Mon.</b>	9:30-10:30 AM	Stroke of the Week	Steve Gervickas	FREE	\$25 per week
☐	<b>Mon.</b>	9:30-11:00 AM	3.0 Level	Larry Hartfield	\$200	\$280
☐	<b>Mon.</b>	10:30-12:00 PM	3.0 Level	Steve Gervickas	\$200	\$280
☐	<b>Mon.</b>	11:00-12:30 PM	3.0 Level	Larry Hartfield	\$200	\$280
☐	<b>Mon.</b>	11:00-12:30 PM	3.0 Level	Marty Fried	\$200	\$280
☐	<b>Tue.</b>	9:30-11:00 AM	WDL	Steve Gervickas	\$160	\$216
☐	<b>Tue.</b>	11:00-12:30 PM	3.5 level	Steve Gervickas	\$200	\$280
☐	<b>Tue.</b>	11:00-12:30 PM	3.0 level	Larry Hartfield	\$200	\$280
	<b>Tue.</b>	11:30-12:30 PM	Stroke of the Week	Marty Fried	FREE	\$25 per week
☐	<b>Tue.</b>	6:00-7:00PM	2.5 Level	Steve Gervickas	\$160	\$200
☐	<b>Wed.</b>	9:30-11:00 AM	Drills & Doubles	Geoff Jagdfeld	\$175	\$245
☐	<b>Wed.</b>	9:30-11:00 AM	3.0 Level	Steve Gervickas	\$175	\$245
	<b>Wed.</b>	11:00-12:00 PM	Stroke of the Week	Steve Gervickas	FREE	\$25 per week
☐	<b>Wed.</b>	12:30-1:30 PM	Cardio Tennis	Geoff Jagdfeld	FREE	\$25 per week
☐	<b>Thr.</b>	8:30-9:30 AM	2.5 Level	Larry Hartfield	\$160	\$200
☐	<b>Thr.</b>	9:30-11:00 AM	3.5 Level	Larry Hartfield	\$200	\$280
	<b>Thr.</b>	11:00-12:00 PM	Cardio Tennis	Larry Hartfield	FREE	\$25 per week
	<b>Fri.</b>	9:00-10:30 AM	Open Drills	Marty Fried	\$25 per week	\$35 per week
	<b>Fri.</b>	10:30-12:00 PM	Open Drills	Larry Hartfield	\$25 per week	\$35 per week
☐	<b>Fri.</b>	10:30-12:00 PM	WDL	Steve Gervickas	\$160	\$216
	<b>Fri.</b>	12:00-1:00 PM	Cardio Tennis	Larry Hartfield	FREE	\$25 per week
☐	<b>Sat.</b>	9:00-10:00 AM	2.0 Level	Larry Hartfield	\$160	\$200
	<b>Sat.</b>	9:00-10:30 AM	Open Drills	Steve Gervickas	\$25 per week	\$35 per week
	<b>Sat.</b>	12:00-1:00 PM	Try Tennis	Larry Hartfield	FREE	\$25 per week
☐	<b>Sun.</b>	9:30-10:30 PM	2.5 Level	Geoff Jagdfeld	\$160	\$200
☐	<b>Sun.</b>	10:30-12:00 PM	3.5 level	Geoff Jagdfeld	\$200	\$280
	<b>Sun.</b>	12:00-1:00 PM	Stroke of the Week	Marty Fried	FREE	\$25 per week
	<b>Sun.</b>	1:00-2:00 PM	Try Tennis	Marty Fried	FREE	\$25 per week

**Get-A-Group:** Create your own tennis instructional or drill group where you can choose the day, time and teaching professional. You must have a minimum of 3 players paid in full to form a private group. Please contact Tennis Director Geoff Jagdfeld for pricing and availability.

**CLINIC MAKE-UP POLICY:** Make-ups will only be allowed in the current session and only in compatible classes. There will be no credit forwarded to the next session. Please see your tennis professional to schedule all make-up times to ensure proper class size.

**REGISTER AT THE FRONT DESK OR MAIL:** SOLARIS SPORTS CLUB, 201 VETERANS ROAD, YORKTOWN HEIGHTS, NY 10598