

INTRODUCING SOLARIS'S NEW PRESEASON BASKETBALL TRAINING

DO YOU HAVE WHAT IT TAKES TO BALL?



Coach Kelly, with 15 years of experience, will help you take your game to the next level. Each clinic will incorporate skills and drills, ball work, and shooting to help fine tune your game. Speed and agility will be integrated into workouts to help you move faster on the court. Coach Kelly comes to us from playing at Dominican and Mercy College. She coached at Mt. Carmel HS in the Bronx and led her CYO team to 4 state titles.

Starting October 19th

Wednesdays

3:00- 4:15 High School (14-17)

4:30-5:45 Middle School (10-13)

**FAMILY MEMBERSHIP RATE:
FREE**

JUNIOR MEMBER: \$125.00

NON MEMBER: \$175.00

For more information please contact the Fitness Department at (914) 962-4094

